

ActivAge Senior Centers Menu

November 2004

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sloppy Joe Napoli Veg. Blend Orange Juice W.W. Bun Caramel Apple Cake Coffee, Milk, Tea	2 Chicken Cordon Bleu Parslied Potatoes Pineapple Mallow Slaw W.W. Dinner Roll Margarine Vanilla Chocolate Swirl Pudding Coffee, Milk, Tea	3* Meatball Stew Cottage Cheese Sliced Peaches Crackers Biscuit Margarine/Honey Brownie Coffee, Milk, Tea	4 BBQ Chicken Gourmet Potatoes Green Bean Salad Potato Bread Margarine Mandarin Orange Slices Coffee, Milk, Tea	5 Turkey Tetrzzini Baby Lima Beans Peach/Pear Gelatin Salad Rye Bread Margarine Vanilla Ice Cream Coffee, Milk, Tea
8 Hamburger Patty Mashed Potatoes Cole Slaw W.W. Bread Margarine Tropical Fruit Coffee, Milk, Tea	9 Pork Tenderloin Green Beans Fruit Cocktail W.W. Bun Mayo/Mustard Snicker Doodle Cookie Coffee, Milk, Tea	10 Grilled Chicken Patty Augratin Potatoes V-8 Juice W.W. Bun/Mayo Diced Apples with Cinnamon Coffee, Milk, Tea	11 Closed for the Veterans Day Holiday	12 Baked Fish Tartar Sauce Potato Salad Spinach Potato Bread Margarine Apricots Coffee, Milk, Tea
15* Lasagna Tossed Salad Dressing Apple Juice Italian Bread Margarine Oatmeal Raisin Cookie Coffee, Milk, Tea	16 Salisbury Steak Vegetable Gravy Chuckwagon Corn Glorified Rice Salad Vienna Bread Margarine Raspberry Sherbet Coffee, Milk, Tea	17 Hamburger Patty Calif. Veg. Cheese Soup Diced Pears Crackers W.W. bun Catsup/Mustard Pistachio Pudding Coffee, Milk, Tea	18* Hot Dog Baked Beans Cinnamon Rosy Applesauce Hot Dog Bun Ice Cream Coffee, Milk, Tea	19 Chicken Breast with Tomato Basil Sauce over Rice Marinated Carrot Salad W.W. Bread Margarine Pineapple Tidbits Coffee, Milk, Tea
22 Beef Sausage Gravy Asparagus Pear Half with Grated Cheese Biscuit Cookies & Cream Dessert Coffee, Milk, Tea	23* Turkey Ham Parmesan Potatoes Sunshine Gelatin Salad Raisin Bread Margarine Macadamia Delight Cookie Coffee, Milk, Tea	24 Beef Stroganoff with Noodles Green Beans Mixed Fruit Juice W.W. Bread Margarine Jello Cake with Whipped Topping Coffee, Milk, Tea	25 Closed for the Thanksgiving Holiday	26 Closed for the Thanksgiving Holiday

29* Ham Loaf Scalloped Potatoes Mixed Vegetables W.W. Bread Margarine Apple Sauce Coffee, Milk, Tea	30 Chili Grated Cheese Chopped Onions Carrot Coins Mandarin Slices w/Pineapple Tidbits Cornbread/Honey Margarine Strawberry Ice Cream Coffee, Milk, Tea			* LOW SODIUM ENTREE AVAILABLE
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